

15. BRIEF DESCRIPTION OF MAIN TYPES
OF CHILDREN FOOD

15.5. Fish-based complementary foods

These include canned fish for children food. They are used at the age of 8—9 months of life 1—2 times a week. The nutritional value of canned fish is determined by the availability of proteins with high biological value, fats (containing deficient in the human diet omega-3 fatty acids), vitamins B₁, B₆, B₁₂, iron and some minor nutrients.

ConsultantPlus: note.

The Annex was not submitted for registration to the Ministry of Justice of the Russian Federation.
